

Our Lady of Fatima Academy

Friday Enrichment Course Catalog

Fridays at Our Lady of Fatima Academy are dedicated to **enrichment learning, hands-on projects, creative exploration, and community engagement**. These courses complement the academic curriculum taught Monday through Thursday.

Students rotate through enrichment courses **each quarter**, allowing them to explore a variety of interests and skills.

High school students may enroll in **year-long enrichment electives for academic credit**.

Performing Arts

Theater & Drama (Year-Long High School Elective)

Students learn the fundamentals of acting, stage presence, storytelling, and performance. Activities include improvisation, script reading, and theatrical production. Students may participate in a school performance or dramatic presentation.

Instrumental Music

Students receive instruction in reading music, band instruments, and small ensemble performance. Instruction emphasizes music theory, practice techniques, and performance skills.

Creative Arts

Art Studio

Students explore various artistic techniques including drawing, painting, sculpture, and mixed media. Projects encourage creativity, observation, and artistic expression.

Photography

Students learn the fundamentals of photography including composition, lighting, and storytelling through images. Students may document school events and create visual projects.

Creative Media

Students explore storytelling through digital media including video creation, podcasting, graphic design, and multimedia presentations.

Journalism & Yearbook (Year-Long High School Elective)

Students learn the fundamentals of journalism while producing the school newspaper, newsletter, and annual yearbook.

Skills include:

- reporting and interviewing
- article writing
- photography
- editing and layout design
- media production

Students document school events and contribute to school publications.

Credit: **1 High School Elective Credit**

Environmental Studies

Nature Studies

Students explore the natural world through observation and outdoor learning activities. Topics include ecosystems, plants, wildlife, and environmental stewardship.

Gardening & Agriculture

Students learn about plant growth, soil science, and sustainable gardening while maintaining a school garden or planting projects.

Environmental Stewardship

Students participate in conservation projects and environmental awareness activities while learning about caring for the Earth.

Leadership & Service

Leadership Development

Students develop leadership skills through teamwork activities, public speaking, problem solving, and event planning.

Community Service

Students participate in service projects that benefit local organizations, churches, and community members. Projects may include volunteer work, charity events, and outreach activities.

Catholic Social Teaching

Students explore principles of service, compassion, and responsibility through faith-based discussions and service projects.

Practical Life Skills

Home Economics

Students learn practical skills including cooking, baking, meal planning, and kitchen safety. Lessons may also include budgeting and household management.

Life Skills

Students develop practical skills such as time management, organization, study strategies, and personal responsibility.

Entrepreneurship

Students explore business concepts including marketing, product development, and basic financial planning. Students may create small business projects or school enterprises.

Academic Enrichment

Creative Writing

Students explore storytelling, poetry, and personal writing while developing creative expression and writing skills.

Debate & Public Speaking

Students develop communication skills through structured debates, speeches, and persuasive presentations.

Book Club

Students read and discuss literature together while developing critical thinking and discussion skills.

Clubs & Activities

Students may also participate in enrichment clubs such as:

- Art Club
 - Photography Club
 - Environmental Club
 - Journalism Club
 - Student Leadership Council
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Year-Long High School Electives

High school students may enroll in the following enrichment programs for elective credit:

Journalism & Yearbook
Instrumental Music / Performance
Leadership & Service
Theater Production

Enrichment Rotation

Students rotate through enrichment courses each quarter, allowing them to explore a variety of interests and talents throughout the year.

This program encourages:

- creativity
 - leadership
 - collaboration
 - practical skills
 - service to others
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Program Goals

The Friday Enrichment Program is designed to:

- encourage creativity and exploration
- develop leadership and teamwork
- provide hands-on learning experiences
- support student interests and talents
- connect academic learning with real-world skills